

COUVERT

Pão Pita Labneh de alho e ervas Muhammara Azeite Virgem extra e melação de romã	Puffed Pita Bread Garlic and herb labneh Muhammara Extra virgin olive oil and pomegranate mollasses	4.5
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ENTRADAS / MEZZE STARTERS

COLD MEZZE

Humús Barouk Humús de grão, Tahini, pickle de pepino, grão de bico, salsa picada, azeitonas, azeite c/ pão pita ou crudités de vegetais (GF)	Barouk Hummus Chickpea hummus, tahini, cucumber pickle, chickpeas, chopped parsley, olive oil with pita bread or vegetable	8.5
Baba Ganoush Pasta de beringela assada, tahini, óleo de salsa e canónigos, romã fresca, azeite c/ pão pita ou crudités de vegetais (GF)	Baba Ganoush Roasted eggplant paste, tahini, parsley oil, lamb's lettuce, fresh pomegranate, olive oil with pita bread or vegetable	8
Tabouleh Bulgur, tomate, cebola, salsa, hortelã, limão, azeite e folhas de alface	Tabouleh Bulgur, tomato, onion, parsley, mint, lemon, olive oil, and lettuce leaves	7

HOT MEZZE

Borrego 12H, Humús de Couve-flor Borrego assado 12H c/ humús de Couve-flor, salada de grão de bico, tomate, cebola roxa, canónigos	12 Hours Lamb, Cauliflower Hummus Chickpea salad with tomato, red onion, lamb's lettuce	9.5
Batata Harra Cubo de batata frita, maionese de paprika fumada, salsa e touk spice	Harra Fries Fried potato cube, smoked paprika mayonnaise, parsley and touk spice	6.5
Falafel de grão de bico com Molho Tarator Bolinhos de grão frito, molho tarator	Chickpea falafel with Tarator Sauce Fried chickpea fritters, tarator sauce	8
Rakakat Rolos de queijo frito com mel e sementes de sésamo	Rakakat Fried cheese rolls with honey and sesame seeds	6.5

MANAKISH Lebanese pizza

Mana Tomate assado, queijo mozzarella, manjericão e sumac	Mana Roasted tomato, mozzarella cheese, basil and sumac	9
Barouk Tomate assado, queijo cabra, pasta de beringela, azeitonas, za'atar e ervas frescas	Barouk Roasted tomato, goat cheese, eggplant dip, olives, za'atar and fresh herbs	9.5
Kofta Kofta de novilho, tomate assado, labneh, rúcula, hortelã, za'atar, azeite	Kofta Beef kofta, roasted tomato, labneh, arugula, mint, za'atar, olive oil	10.5

PITAS

Pita Vegetariana Falafel, alface, tomate, cebola roxa, pickle de pepino, molho tarator, molho de iogurte	Vegetarian Pita Falafel, lettuce, tomato, red onion, cucumber pickled, tarator sauce, yogurt sauce	12
Pita de Frango Frango grelhado, za'atar, alface, tomate, cebola roxa, pickle de pepino, molho tarator, molho de iogurte, ervas frescas	Chicken Pita Grilled chicken, za'atar, lettuce, tomato, red onion, cucumber pickled, tarator sauce, yogurt sauce, fresh herbs	13.5
Pita de Novilho Kofta de novilho, labneh, alface, tomate, cebola roxa, pickle de pepino, molho tarator	Beef Pita Beef kofta, labneh, lettuce, tomato, red onion, cucumber pickled, tarator sauce	14
Pita de Borrego Borrego assado 12h, tahini, labneh, alface, tomate, cebola roxa, pickle de pepino, molho tarator, ervas frescas	Lamb Pita 12-hour roasted lamb, tahini, labneh, lettuce, tomato, red onion, cucumber pickled, tarator sauce, fresh herbs	15

ESPETADAS / SKEWERS

Espetada de Frango Frango grelhado, labneh, salada de bulgur, molho de iogurte, wedges de batata, mix de alfaces queijo feta e romã	Chicken Skewer Grilled chicken, labneh, bulgur salad, yogurt sauce, potato wedges, mixed lettuce, feta cheese and pomegranate	14.5
Espetada de Kefta de Novilho Kefta de novilho grelhado, salada de bulgur, humús de pimento, tomate assado, wedges de batata, mix de salada, queijo feta e romã	Beef Kefta Skewer Grilled beef kefta, bulgur salad, pepper hummus, roasted tomato, potato wedges, mixed salad, feta cheese and pomegranate	14.5
Espetada Halloumi Vegie Halloumi grelhado, mel de za'atar, salada de bulgur, molho de iogurte, wedges de batata, mix de alfaces, queijo feta e romã	Halloumi Veggie Skewer Grilled halloumi, za'atar honey, bulgur salad, yogurt sauce, potato wedges, mixed lettuce, feta cheese and pomegranate	14

SOBREMESAS / DESSERTS

Tiramisu Libanês "mafroukeh" Base de biscoito com café, creme de mascarpone, amaretto, pistáchio crocante	Lebanese Tiramisu "mafroukeh" Coffee biscuit base with mascarpone cream amaretto, crunchy pistachios	6
Baklava tradicional Massa filo, noz, caju, miolo de amêndoa, mel, gelado de nata	Traditional baklava Phyllo pastry, walnuts, cashews, almonds, honey, cream ice cream	6
Bolo cremoso de chocolate Bolo de chocolate, caramelo de tahini, gelado de nata e pó de za'atar	Creamy chocolate cake Chocolate cake, tahini caramel, cream ice cream, and za'atar powder	6.5

EXTRAS

Pão Pita	Pita Bread	2
Batata Frita	French Fries	3
Molho Tarator	Tarator Sauce	1.5
Maionese de Paprika	Paprika Mayonnaise	1.5
Molho Labneh	Labneh Sauce	1.5
Crudités (vegetais)	Crudités (vegetables)	2

BAROUK COCKTAILS

Tripoli Espresso Rum / Arak de Coco / Licor de Café / Açúcar / Café espresso / Chocolate Bitters Rum / Coconut Arak / Coffee Liqueur / Sugar / Espresso / Chocolate Bitters	9
Spicy Jounieh Gin Libanês / Lima / Açúcar / Coentros / Malagueta Vermelha Lebanese Gin / Lime / Sugar / Coriander / Red Hot Chilly Peppers	8.5
Barouk Drop Vodka de Limão e Canela / Arak / Camomila / Lima / Dry Curaçao / Abacaxi Lemon & Cinnamon Vodka / Arak / Chamomile / Lime / Dry Curaçao / Pineapple	8.5
Beirut Cosmo Vodka / Cranberry / Arak de Frutos Vermelhos / Lima / Açúcar / Laranja Vodka / Cranberry / Red Berry Arak / Lime / Sugar / Orange	8.5
Balbeque Mule Vodka / Tomilho / Camomila / Laranja / Lima / Espuma de Gengibre Vodka / Sugar / Thyme / Chamomile / Orange / Lime / Fresh Ginger Foam	9

CLASSIC COCKTAILS

Martinez Vermute Rosso / Gin / Licor Luxardo Maraschino / Bitters Red Vermouth / Gin / Luxardo Maraschino Liqueur / Bitters	9
Paper Plane on the Rocks Aperol / Amaro / Bourbon Whiskey / Limão Aperol / Amaro / Bourbon Whiskey / Lemon	8
Daiquiri Rum / Açúcar / Lima Rum / Sugar / Lime	8.5
Bourbon Sour Bourbon Whiskey / Clara de Ovo / Açúcar / Limão / Bitters Bourbon Whiskey / Egg White / Sugar / Lemon / Bitters	8.5

MOCKTAILS

Berry Arabic Frutos vermelhos, lima, açúcar Red berries, lime, sugar	4
Anjar Mountain Pepino, lima, açúcar Cucumber, lime, sugar	4

ESPIRITUOSAS / SPIRITS

Arak Brun 0.3 / Arak Brun 0.5	4.5 / 7.5	Campari	4
Arak de Coco	7	Bushmills Original	6
Arak de Frutos Vermelhos	8	Hendricks	12
Abuelo Anejo Anejo 5	6	Bulldogg	10
Plantation 3 Stars	6	Ophir	11
Absolut	5.5	Gin Bey (Libano)	8
Grey Goose	14	Jose Cuervo Reposado 0.3cl / 0.5cl	5 / 9
Black Label	10	Four Roses	7.5
Aperol	7	Cinzano Bianco & Rosso	5 / 5

CERVEJAS & SIDRAS / BEERS & CIDERS

Super Bock 0.22cl / 0.40cl	2 / 4
Super Bock Zero	3
Almaza Pilsner Lager	4.5
Almaza Dark	5
Somersby Maçã 0.25cl / 0.50cl	3 / 4.5

VINHOS / WINES



Chateau Ksara Blancs des Blancs 2022 (Branco/White)	29 / 8
Dona Paterna Loureiro 2022 (Branco/White)	27 / 7
Ota da Atela Colheita 2021 (Branco/White)	19 / 5
Ota do Pinto Chenin Blanc 2022 (Branco/White)	35
IXSIR Altitudes 2019 (Tinto/Red)	35
Ota da Atela Colheita 2019 (Tinto/Red)	19 / 5
Vinhas do Lasso Tinto 2019 (Tinto/Red)	24 / 6.5
Ribeiro Santo Reserva 2021 (Tinto/Red)	28
Adega do Montado, Noia 2022 (Rosé/Rose)	24

SUMOS, REFRIGERANTES & AGUAS / SOFT DRINKS

Água EAU Lisa Still Water	2	Tónica Schweppes Premium Tonic Water	3.5
Água EAU c/ Gás Sparkling Water	2.5	Tónica Schweppes Gengibre e Cardamomo Tonic Water w/ Ginger and Cardamom	3.5
Água das Pedras 0.25cl Sparkling Water	2	Ginger Ale Schweppes / Ginger Beer Schweppes	3.5
Coca-cola / Coca-cola Zero	2.5	Limonada Libanesa Lebanese Lemonade	4
Ice Tea Limão / Ice Tea Pessêgo Lemon Ice Tea / Peach Ice Tea	2.5	Sumo de Romã e Laranja Pomegranate and Orange Juice	4
Sprite	2	Sumo de Laranja Orange Juice	4

CAFETERIA / COFFEE BAR

Chá Preto / Chá Verde / Chá de Chamomile Black Tea / Green Tea / Chamomile Tea	2.5
Infusão Maçã e Canela Apple and Cinnamon Infusion	2.5
Infusão "Karkadesh" "Karkadesh" Infusion	2.5
Café Espresso Espresso	1.3
Café Descafeinado Decaf	1.3
Cappuccino	2.5
Café c/ Leite Latte	2.5
Macchiato	2.5