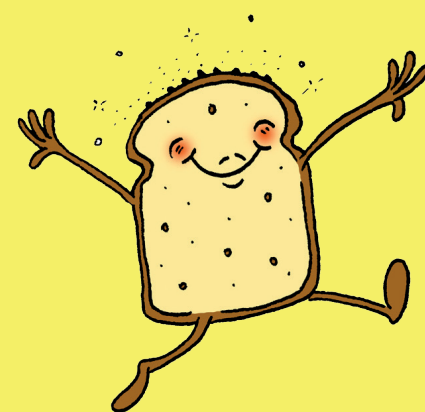


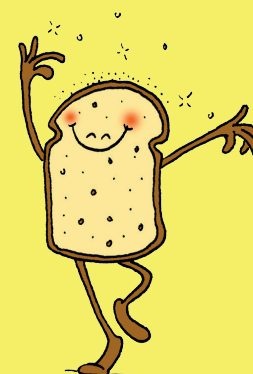
**KEY FOR
HAPPINESS
INSIDE.**

h



**BRIOCHE
GONE
WILD**

AS NOSSAS SANDUICHES >



AS NOSSAS SANDUICHES

EGG SANDWICH 9.5€

Ovo mexido, brioche tostado, queijo cheddar e maionese de cebola caramelizada

EGG SALAD SANDWICH 9.5€

Salada de ovo com maionese e ervas frescas, ovo pochet e brioche tostado com manteiga de avelã

BACON EGG & CHEESE 9.5€

Ovo estrelado, bacon de perú, brioche tostado, queijo cheddar, ketchup de chipotle e maionese de cebola caramelizada

ROSBIFE 10€

Rosbife, brioche tostado, pickle de cebola assada, queijo parmesão, cournichons, molho tártaro, maionese de cebola caramelizada e cebola caramelizada

TRUFA & PARMESÃO 9.5€

Ovo mexido, brioche tostado, cogumelos com trufa, maionese cebola caramelizada e queijo parmesão ralado

FRANGO 9.5€

Frango com maionese caesar, bacon de perú, brioche tostado, maionese de manjeriço, iceberg e ervas frescas e ovo cozido

SALMÃO 10€

Tártaro de salmão, brioche tostado, shiso, pepino, creme fraiche e maionese sriracha

BERINGELA 9€

Beringela assada, pão alentejano, tapenade de azeitona verde, muhammara e maionese vegan

BRUNCH

MYSA 18€

Tosta de abacate com ovos escalfados
Croissant e pão da Gleba, com compotas caseiras e manteiga
logurte com granola, frutos vermelhos e mel
Cinnamon roll
Sumo natural do dia

VEGAN 18€

Vegan sandwich, pão Gleba, maionese vegan, muhammara, beringela assada, tapenade de azeitona verde
logurte de soja com granola e frutos vermelhos
Panquecas vegan
Cinnamon roll
Sumo natural do dia

FIKA 18€

Egg Sandwich - ovo mexido, brioche tostado, queijo cheddar e maionese de cebola caramelizada
Croissant e pão da Gleba, com compotas caseiras e manteiga
Cinnamon roll
Sumo natural do dia

KIDS 10€

Croissant, compotas caseiras e manteiga
logurte com granola, frutos vermelhos e mel
Mini Panquecas
Sumo natural do dia

HYGGE 36€ *para partilhar*

Benedict de salmão
Benedict de bacon de perú
Croissants, compotas caseiras, manteiga, queijo e fiambre de peru
logurtes com granola, frutos vermelhos e mel
2 cinnamon rolls
2 sumos naturais do dia

iva incluído à taxa legal em vigor

PEQUENO-ALMOÇO

CROISSANT 3.5€

Com compotas caseiras e manteiga ou misto

TORRADA 3.5€

Com compotas caseiras e manteiga

CESTO DE PÃO 2.5€

Fatias de pão da Gleba

TAÇA DE FRUTA 3.5€

Taça de fruta da época com avelã e cidreira

PEQUENO-ALMOÇO 6€

Croissant, pão da Gleba, compotas caseiras, manteiga, fiambre de peru e queijo

FRENCH TOAST 7€

Pão brioche da Gleba, pêra confitada com cardamomo e anis, creme inglês, compota de frutos vermelhos, gelado de baunilha e amêndoas

OVOS

OVOS ESTRELADOS 8.5€

Ovos estrelados, folhas verdes, creme de abacate, pão torrado, tomate picante (tomate assado picante) e pickle de cebola

OVOS MEXIDOS C/SALMÃO 8.5€

Ovos mexidos, salmão fumado, lima, cebola roxa em pickle, abacate, rúcula, pimenta e pão torrado

OVOS MEXIDOS 4.8€

Ovos mexidos com pão torrado, cebolinho e grãos de pimenta rosa

OVOS TURCOS 8.5€

Ovos escalfados, manteiga de avelã picante, azeite, molho de iogurte, rebentos de ervilha, pickle de cebola assada, dukkah e pão barbela

BENEDICT SALMÃO 7.5€

Ovo escalfado, pão brioche, queijo creme, abacate, salmão fumado, aneto e molho hollandaise

BENEDICT BACON 7.5€

Ovo escalfado, pão brioche, bacon de peru, molho hollandaise e paprika fumada

IOGURTES & AÇAÍ

HYGGE WAY 5.5€

logurte grego com açaí, manga, flocos de coco, granola e mel

FRUTOS VERMELHOS 4.95€

logurte grego com frutos vermelhos, granola e mel/compota

BANANUT 4.95€

logurte grego com manteiga de amendoim, granola e banana

MAÇÃ E CANELA 4.5€

logurte grego com puré de maçã reineta, granola e maçã caramelizada

BOWL DE AÇAÍ 7.5€

Açaí, granola e morangos

EXTRA IOGURTE DE SOJA 1€

PANQUECAS

COMPOTAS CASEIRAS 6€

Panquecas com compotas caseiras e mel

RED VELVET 7.5€

Panquecas red velvet, com mirtilos e cream cheese

FRUTOS VERMELHOS 7.5€

Panquecas com frutos vermelhos

VEGAN 7.5€

Panquecas com chocolate, nutella caseira, avelãs e morango

GANACHE 7€

Panquecas com ganache de chocolate, avelã e chantilly

MATCHA 7€

Panquecas com ganache de matcha, mirtilos e pistachio

WAFFLES

DOCE 7.5€

Caramelo salgado, manga, mirtilos e crocante de amêndoa, com maple syrup

SALGADO 8€

Ovo estrelado, flocos de bacon e maple syrup

RED VELVET 7.5€

Red velvet com cream cheese e frutos vermelhos

ROLLS

CINNAMON ROLL 2€

Canela e açúcar

FROSTING +1€

Cream cheese

Ganache de matcha

Ganache de framboesa

Ganache de pistachio

CAKES

BOLO DE CENOURA 5.5€

Com nozes e cream cheese

RED VELVET 5.5€

Com morangos e cream cheese

TARTE DE MAÇÃ 5.5€

Com bola de gelado e chantilly

CHOCOLATE 5€

Sem glúten

BANANA BREAD 5€

Banana caramelizada, manteiga de amendoim e granola

VEGAN 5.5€

Cacau e nutella caseira

BOLOS INTEIROS 30€

Pode encomendar qualquer um dos nossos bolos inteiros

iva incluído à taxa legal em vigor

SMØRREBRØD

FLORENTINE 9€

Pão Gleba, creme de abacate, ovos escalfados, molho hollandaise e paprika fumada

STRACIATELLA 9€

Pão Gleba, queijo stracciatella, mistura de tomates assados, pesto e nozes

WRAPS

com chips de batata doce

FRANGO 7.50€

Tortilha de trigo, rúcula, abacaxi caramelizado, frango, cream cheese de caril

VEGAN 7.50€

Tortilha de trigo, babaganoush, mistura de cogumelos, rúcula, romã

ROSBIFE 8.00€

Tortilha de trigo, rosbife, rúcula, molho tártaro, tomate cereja, chimichurri, queijo grana padano

SALMÃO 8.00€

Tortilha de trigo, cream cheese, rúcula, abacate, salmão fumado

BOWLS

FRANGO 10€

Mix de folhas verdes, creme de abacate, frango grelhado, manga, ovo cozido, vinagrete de mostarda, nozes e base de arroz

SALMÃO FUMADO 12€

Mix de folhas verdes, creme de abacate, salmão fumado, manga, pepino, sementes de sésamo, vinagrete de mostarda, cebola roxa em pickle e base de arroz

TATAKI DE ATUM 11.50€

Quinoa temperada com cebola roxa, tomate cereja, hortelã, pepino, sumo de limão, atum selado com sésamo, manga e molho teriyaki

TATAKI DE SALMÃO 12€

Salmão braseado, legumes salteados (cenoura, brócolos e couve roxa), molho teriyaki e base de arroz

CAMARÃO 11€

Couscous marroquino temperado com caril, cebola roxa, tomates cereja assados, hortelã, castanhas de caju, abacaxi caramelizado, camarões salteados e molho de iogurte

VEGETARIANA 10€

Fregola sarda, brócolos, cogumelos, tomate cereja, pesto, queijo grana padano e nozes

EXTRAS +2.5€

Burrata ou proteína animal

CAFÉS

ESPRESSO 1.20€
DOUBLE ESPRESSO 2.40€
LATTE 3€
FLAT WHITE 3€
ICED LATTE 3.20€
CAPPUCCINO 3.20€
MOCHA 3.80€
ESPRESSO MACCHIATO 1.40€

AMERICANO 2.50€
CHOCOLATE QUENTE 4€
negro/avelã/menta
MAZAGRAN 2.50€
CARAMEL LATTE 3.50€
CHAI LATTE 4.50€
AFFOGATO 4€

EXTRAS

LEITE VEGETAL +0.60€
aveia/amêndoa/sem lactose

OUTROS +1€
Extra shot de café
Bola de gelado
Chantilly
Cream cheese
Syrup

CHÁS

LIMÃO E MENTA 3€
LIMÃO E GENGIBRE 3€
ROOIBOS E CANELA 3€
VERDE 3€
VERDE JASMIM 3€

FRUTOS VERMELHOS 3€
EARL GREY 3€
ENGLISH BREAKFAST 3€
ICED HYGGE TEA 3€
ICED HYGGE TEA JARRO 6€

SUMOS

SPICY SCAPE 3.5€
melância e gengibre
GREEN ENERGY 3.20€
melão e hortelã
SUMMER VIBE 3.20€
abacaxi
SUMO DO DIA 3.20€
LIMONADAS 3€
limão/morango/maracujá
JARRO DE LIMONADA 6€
GARRAFA TAKEAWAY 6€
500ml

SMOOTHIES

IMMUNE BOOST 5.50€
manga, morango e hortelã,
chia
PEANUT PUNCH 5.5€
banana, manteiga de
amendoim e granola
POWERED PURPLE 6€
açai, banana e granola

ÁGUAS

NATURAL/COM GÁS (0,75L) 1.5€
ÁGUA DAS PEDRAS (0,25L) 1.5€
S. PELLEGRINO (0,75L) 3€

iva incluído à taxa legal em vigor



vegan



vegetariano



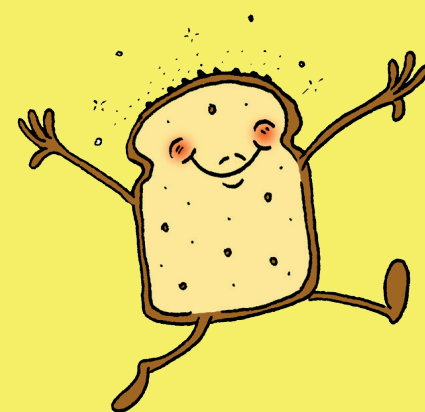
sem lactose



sem glúten

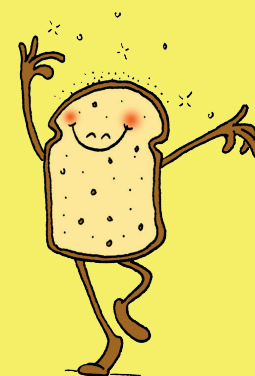
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**BRIOCHE
GONE
WILD**

OUR SANDWICHES >



OUR SANDWICHES

EGG SANDWICH 9.5€ 🍴

Scrambled egg, toasted brioche, cheddar cheese, and caramelized onion mayo

EGG SALAD SANDWICH 9.5€ 🍴

Egg salad with mayo and fresh herbs, poached egg, and toasted brioche with hazelnut butter

BACON EGG & CHEESE 9.5€

Fried egg, turkey bacon, toasted brioche, cheddar cheese, chipotle ketchup, and caramelized onion mayo

ROASTBEEF 10€

Roast beef, toasted brioche, roasted onion pickles, parmesan cheese, cornichons, tartar sauce, caramelized onion mayo, and caramelized onions

TRUFFLE & PARMESAN 9.5€ 🍴

Scrambled egg, toasted brioche, truffled mushrooms, caramelized onion mayo, and grated parmesan cheese

CHICKEN 9.5€

Chicken with Caesar mayo, turkey bacon, toasted brioche, basil mayo, iceberg lettuce, fresh herbs, and boiled egg

SALMON 10€

Salmon tartare, toasted brioche, shiso, cucumber, crème fraîche and sriracha mayo

EGGPLANT 9€ 🍴

Roasted eggplant, rustic Portuguese bread, green olive tapenade, muhammara, and vegan mayo

BRUNCH

MYSA 18€

Avocado toast with poached eggs
Gleba croissant and bread with homemade jams and butter
Yoghurt with granola, red berries and honey
Cinnamon roll
Fresh juice of the day

VEGAN 18€ 🍴

Vegan sandwich on Gleba bread, with vegan mayo, muhammara, roasted aubergine and green olive tapenade
Soy yoghurt with granola and red berries
Vegan pancakes
Cinnamon roll
Fresh juice of the day

FIKA 18€ . .

Egg sandwich – scrambled egg, toasted brioche, cheddar cheese and caramelised onion mayo
Gleba croissant and bread with homemade jams and butter
Cinnamon roll
Fresh juice of the day

KIDS 10€ .

Croissant with homemade jams and butter
Yoghurt with granola, red berries and honey
Mini pancakes
Fresh juice of the day

HYGGE 36€

to share

Salmon Benedict
Turkey bacon Benedict
Croissants, homemade jams, butter, cheese and turkey ham
Yoghurts with granola, red berries and honey
2 cinnamon rolls
2 fresh juices of the day

VAT included at the legal rate

BREAKFAST

CROISSANT 3.5€

With homemade jams and butter or ham & cheese

TOAST 3.5€

With homemade jams and butter

BREAD BASKET 2.5€

Slices of Gleba bread

FRUIT BOWL 3.5€

Seasonal fruit bowl with hazelnut and lemon balm

BREAKFAST 6€

Croissant, Gleba bread, homemade jams, butter, turkey ham and cheese

FRENCH TOAST 7€

Gleba brioche bread, pear confit with cardamom and star anise, crème anglaise, red berry jam, vanilla ice cream and almonds

EGGS

FRIED EGGS 8.5€

Fried eggs, leafy greens, avocado cream, toasted bread, spicy tomato (roasted spicy tomato) and pickled onion

SCRAMBLED EGGS WITH SALMON 8.5€

Scrambled eggs, smoked salmon, lime, pickled red onion, avocado, rocket, pepper and toasted bread

SCRAMBLED EGGS 4.8€

Scrambled eggs with toasted bread, chives and pink peppercorns

TURKISH EGGS 8.5€

Poached eggs, spicy hazelnut butter, olive oil, yoghurt sauce, pea shoots, roasted pickled onion, dukkah and Barbela bread

SALMON BENEDICT 7.5€

Poached egg, brioche bread, cream cheese, avocado, smoked salmon, dill and hollandaise sauce

BACON BENEDICT 7.5€

Poached egg, brioche bread, turkey bacon, hollandaise sauce and smoked paprika

YOGHURTS & AÇAÍ

HYGGE WAY 5.5€

Greek yoghurt with açai, mango, coconut flakes, granola and honey

RED BERRIES 4.95€

Greek yoghurt with red berries, granola and honey/jam

BANANUT 4.95€

Greek yoghurt with peanut butter, granola and banana

APPLE & CINNAMON 4.5€

Greek yoghurt with reinette apple purée, granola and caramelised apple

AÇAÍ BOWL 7.5€ 🌱

Açai, granola and strawberries

EXTRA SOY YOGHURT 1€

PANCAKES

HOMEMADE JAMS 6€

Pancakes with homemade jams and honey

RED VELVET 7.5€

Red velvet pancakes with blueberries and cream cheese

RED BERRIES 7.5€

Pancakes with red berries

VEGAN 7.5€ 🌱

Pancakes with chocolate, homemade Nutella, hazelnuts and strawberry

GANACHE 7€ 🌱

Pancakes with chocolate ganache, hazelnuts and whipped cream

MATCHA 7€ 🌱

Pancakes with matcha ganache, blueberries and pistachios

WAFFLES

SWEET 7.5€

Salted caramel, mango, blueberries and almond crunch, served with maple syrup

SAVOURY 8€

Fried egg, bacon flakes and maple syrup

RED VELVET 7.5€

Red velvet with cream cheese and red berries

ROLLS

CINNAMON ROLL 2€

Cinnamon and sugar

FROSTING +1€

Cream cheese

Matcha ganache

Raspberry ganache

Pistachio ganache

CAKES

CARROT CAKE 5.5€

with walnuts and cream cheese

RED VELVET 5.5€

with strawberries and cream cheese

APPLE TART 5.5€

with a scoop of ice cream and whipped cream

CHOCOLATE 5€

Gluten-free

BANANA BREAD 5€

Caramelised banana, peanut butter and granola

VEGAN 5.5€

Cocoa and homemade Nutella

WHOLE CAKES 30€

You can order any of our cakes whole

VAT included at the legal rate

SMØRREBRØD

FLORENTINE 9€

Gleba bread, avocado cream, poached eggs, hollandaise sauce and smoked paprika

STRACIATELLA 9€

Gleba bread, stracciatella cheese, roasted tomato mix, pesto, and walnuts

WRAPS

with sweet potato chips

CHICKEN 7.50€

Wheat tortilla, rocket, caramelised pineapple, chicken, curry cream cheese

VEGAN 7.50€

Wheat tortilla, babaganoush, mushroom mix, rocket, pomegranate

ROAST BEEF 8.00€

Wheat tortilla, roast beef, rocket, tartar sauce, cherry tomatoes, chimichurri, Grana Padano cheese

SALMON 8.00€

Wheat tortilla, cream cheese, rocket, avocado, smoked salmon

BOWLS

CHICKEN 10€

Mixed green leaves, avocado cream, grilled chicken, mango, boiled egg, mustard vinaigrette, walnuts, and rice base

SMOKED SALMON 12€

Mixed green leaves, avocado cream, smoked salmon, mango, cucumber, sesame seeds, mustard vinaigrette, pickled red onion, and rice base

TUNA TATAKI 11.50€

Quinoa seasoned with red onion, cherry tomatoes, mint, cucumber, lemon juice, sesame-seared tuna, mango, and teriyaki sauce

SALMON TATAKI 12€

Seared salmon, sautéed vegetables (carrot, broccoli, and red cabbage), teriyaki sauce, and a rice base.

PRAWN 11€

Moroccan couscous seasoned with curry, red onion, roasted cherry tomatoes, mint, cashew nuts, caramelised pineapple, sautéed prawns, and yoghurt sauce

VEGETARIAN 10€

Fregola sarda, broccoli, mushrooms, cherry tomatoes, pesto, Grana Padano cheese, and walnuts

EXTRAS +2.5€

Burrata or animal protein

COFFEE

ESPRESSO 1.20€
DOUBLE ESPRESSO 2.40€
LATTE 3€
FLAT WHITE 3€
ICED LATTE 3.20€
CAPPUCCINO 3.20€
MOCHA 3.80€
ESPRESSO MACCHIATO 1.40€

AMERICANO 2.50€
HOT CHOCOLATE 4€
Black/Hazelnut/Mint
MAZAGRAN 2.50€
CARAMEL LATTE 3.50€
CHAI LATTE 4.50€
AFFOGATO 4€

EXTRAS

PLANT-BASED MILK +0.60€

Oat/almond/lactose-free

OTHERS +1€

Extra espresso shot

Ice cream scoop

Whipped cream

Cream cheese

Syrup

TEAS

LEMON & MINT 3€
LEMON & GINGER 3€
ROOIBOS & CINNAMON 3€
GREEN 3€
GREEN JASMIM 3€

RED BERRIES 3€
EARL GREY 3€
ENGLISH BREAKFAST 3€
ICED HYGGE TEA 3€
ICED HYGGE TEA JAR 6€

JUICES

SPICY SCAPE 3.5€

Watermelon and ginger

GREEN ENERGY 3.20€

Melon and mint

SUMMER VIBE 3.20€

Pineapple

JUICE OF THE DAY 3.20€

LEMONADES 3€

Lemon/strawberry/passion fruit

LEMONADE JAR 6€

TAKEAWAY BOTTLE 6€

500ml

SMOOTHIES

IMMUNE BOOST 5.50€

Mango, strawberry and mint,
chia

PEANUT PUNCH 5.5€

Banana, peanut butter
and granola

POWERED PURPLE 6€

Açaí, banana and granola

WATER

STILL/SPARKLING (0,75l) 1.5€

ÁGUA DAS PEDRAS (0,25l) 1.5€

S. PELLEGRINO (0,75l) 3€

VAT included at the legal rate



vegan



vegetarian



lactose-free



gluten-free