



Metamorphosis Menu

<https://menuweb.menu/restaurants/sintra-1/metamorphosis>
Rua Joao De Deus 41/45, Sintra, Portugal
+351219244573,+33186995715 - 0-site.com

Categories

Starters

Carnes

Peixes

Meat

Entradas

Dessert

Seafood

Main Course

Vegan

Alcoholic Drinks

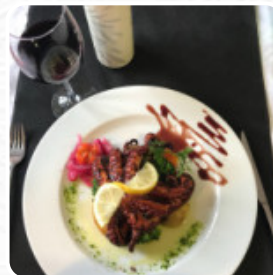
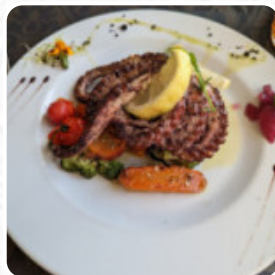
Entrées

Main Courses

Drinks

Especialidades

Wine



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Metamorphosis Menu



Alcoholic Drinks

SANGRIA

Entrées

BREAD 1 €

Sandwiches & Hot Paninis

HAMBURGER

Main Courses

LASAGNA

Antipasti

APPETIZERS

Drinks

BEER

Carne

BIFE A CASA 14 €

Tapas

EGGPLANT TAPAS

Especialidades

CATAPLANA DE BACALHAU 37 €

Wine

CHARDONNAY

Entrada

ALHEIRA BALLS 4 €

Francesinhas

FRANCESINHA VEGETARIANA 9 €

Novidades

SAUTEED MUSHROOMS 5 €

Bacalhau à SeteSóis

ALHEIRA VEGETARIAN 9 €

Carne Grelhada

GRELHADA MISTA 29 €

MINI-PRATOS

CODFISH CAKES 4 €

Pratos Principais -

HAKE FILLETS 9 €

Codfish Dishes

COD WITH CREAM 10 €

Seafood

GRILLED OCTOPUS

OCTOPUS AND ORZO

Fish

BACALHAU GRELHADO 15 €

BACALHAU À BRÁS 10 €

Main Course

CREPE DE LEGUMES COM MOLHO DE NATAS E COGUMELOS 9 €

BERINGELA COM QUEIJO DE CABRA E LEGUMES SALTEADOS 9 €

Vegan

LASANHA VEGAN 11 €

ALHEIRA VEGAN 11 €

Metamorphosis Menu



Sauces

KETCHUP

SALSA

MUSHROOM SAUCE

Meat

BITOQUE 10 €

FRANCESINHA 9 €

ALENTEJO PORK 9 €

Entradas

PATÊ DE ATUM 2 €

AMEIJOA A BULHAO PATO 12 €

SHEEP CHEESE 3 €

Dessert

ICE CREAM

COOKIE

DOURADA GRELHADA COM LEGUMES 11 €

Side Dishes



RICE

SAUTEED MUSHROOMS

FRENCH FRIES

FRENCH FRIES

Restaurant Category

FRENCH

DESSERT

VEGETARIAN

VEGAN

Peixes

POLVO À LAGAREIRO C/ BATATA DOCE 15 €

SALMÃO COM PURÉ DE BATATA DOCE 12 €

BACALHAU A CASA 15 €

ARROZ DE TAMBORIL COM CAMARÃO E AMEIJOA 29 €

LOMBO DE SALMÃO AO MOLHO LARANJA 13 €

These Types Of Dishes Are Being Served



SALAD

FISH

SOUP

BREAD

DESSERTS

PANINI

PASTA

Starters

TERRINE DE ROCKFORT COM CHUTNEY DE MANGA 6 €

PIMENTOS PADRON COM MOLHO TARTARO 5 €

TÁBUA DE PRESUNTO DE PORCO IBÉRICO 9 €

SAUTÉED SHRIMP 13 €

FRITADA DE ENCHIDOS 6 €

BUTTER 1 €

OLIVES 1 €

SOUP OF THE DAY 2 €

Carnes

BIFE EM MANTEIGA DE ALECRIM 13 €

Metamorphosis Menu



ESCALOPES COM COGUMELOS
FRESCOS 10 €

BIFE COM PRESUNTO E REDUÇÃO
DE VINHO 13 €

BIFE CINCO PIMENTAS 13 €

FRANGO NO FORNO COM PAPRIKA
E GENGIBRE 9 €

GRELHADO DE PORCO PRETO C/
BATATA DOCE NO FORNO 10 €

ALHEIRA COM MIGAS 8 €

COSTELETA DE NOVILHO
GRELHADA 16 €

Ingredients Used

POTATOES

CHOCOLATE



PAPRIKA

VEGETABLES

CHEESE

EGG

CARROTS

SAUSAGE

MUSHROOMS

KING PRAWNS

PRAWNS

GARLIC

TUNA

PORK MEAT

BROCCOLI

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Metamorphosis Menu



Metamorphosis

Rua Joao De Deus 41/45, Sintra,
Portugal

Opening Hours:

Monday 12:00 -22:30

Tuesday 12:00 -22:30

Wednesday 12:00 -22:30

Thursday 12:00 -22:30

Friday 12:00 -22:30

Saturday 12:00 -22:30

Sunday 12:00 -22:30

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